



**QUEBEC
COLLEGE OF NATUROPATHIC MEDICINE
IN MONTREAL
(CPMDQ)**

CORRESPONDANCE COURSE RECOGNIZED BY

Canadian Council of Naturopathic Examiners (CCNE)
Conseil des Examineurs en Naturopathie du Québec (CENQ)
Quebec Professional Syndicate of Naturopaths (CPMDQ)

DR SHURUQ ABDUR RAHMAN, N.D., H.D.

EXECUTIVE DIRECTOR

FOR THE ENGLISH HOME STUDY NATUROPATHIC MEDICINE ACADEMIC PROGRAM

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HOME STUDY NATUROPATHIC MEDICINE ENGLISH PROGRAM 1000 ACADEMIC HOURS

<p style="text-align: center;"><u>Anatomy/Physiology (250 Hours)</u></p> <p>NDCAP001CARD - Cardiovascular System NDCAP001RESP - Respiratory System NDCAP001DIGE - Digestive System NDCAP001LYMP - Lymphatic System NDCAP001URIN - Urinary System NDCAP001NERV - Nervous System NDCAP001ENDO - Endocrine System NDCAP001SKMU - Skeletal/Muscular System</p>	<p style="text-align: center;"><u>Pathology (250 Hours)</u></p> <p>NDCPA002CARD - Cardiovascular System NDCPA002RESP - Respiratory System NDCPA002DIGE - Digestive System NDCPA002LYMP - Lymphatic System NDCPA002URIN - Urinary System NDCPA002NERV - Nervous System NDCPA002ENDO - Endocrine System NDCPA002SKMU - Skeletal/Muscular System</p>
<p style="text-align: center;"><u>Nutrition (150 Hours)</u></p> <p>NDCNM001 - Nutritional Actions NDCNM001 - Children's Nutritional guide NDCNM001 – Medical chemistry (part I)</p>	<p style="text-align: center;"><u>Herbology and natural medications (150 Hours)</u></p> <p>NDCHB001 - Botany and Plant recognition NDCHB001 - Basics on homeopathic products NDCHB001 - Basics on biochemical cell salts NDCHB001 - Basics on essential oils NDCHB001 - Herbs and Ailments NDCHB001 - Practical Application</p>
<p style="text-align: center;"><u>Signs and symptoms (100 Hours)</u></p> <p>NDSSS001 - Physical Assessment NDSSS001 - Questionnaire for First Visit NDSSS001 - Case studies</p>	<p style="text-align: center;"><u>Research Work (100 Hours)</u></p> <ol style="list-style-type: none"> 1. A report on the legal practice of Naturopathic medicine in Quebec. 2. A report on the ethic, legal and moral obligation of client confidentiality. 3. An original thesis on a pathology of your choice. 4. An organizational and interviewing system.

FOR MORE DETAILS OR TO ENROL IN THE ENGLISH NATUROPATHIC HOME STUDY PROGRAM

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COURSE DESCRIPTION

MODULE – ANATOMY/PHYSIOLOGY (250 HOURS)

MODULE - Digestive System *Chapters 24 – 25*

You will have a complete understanding of the function of digestion for practical application. Metabolism and nutrition is added to aid the student's ability to translate the A & P into everyday terms.

Chapter 1: An intro to the human body. Review only. The student is encouraged to read the synopsis of this chapter. In later modules this chapter will be reintroduced and is a requirement. Homeostasis brought up in the chapter is a key element in understanding the human makeup.

MODULE - Muscular & Skeleton Systems *Chapters 6 – 11*

Function, structure and histology of bone are reinforced in the chapter. The emphasis in this module is a general understanding of support and movement, and how it may have an impact on the overall quality of life style.

Chapter 2: The chemical level of organization. Review only. Keeping up with a complete system or physiology, will help guide you through your health career. It is important to have an understanding of inorganic and organic atom material. Here also you will get a glimpse of the importance of nutritional information necessary to be a competent professional.

MODULE - Cardiovascular System *Chapters 19 – 21*

The module is inclusive of the function and quality of blood, (cells, groups and blood marrow). It then explains the heart function, and the purpose of the structures making up the heart. Finally how the blood is transported through a series of vessels nourishing and rejuvenating the body.

Chapter 3: The cellular level of organization. Review only. Here we see how our bodies are joined together, and made into a working unit. Cell divisions, osmosis, cellular diversity, are all part of the exploration you find in this chapter.

MODULE - Lymphatic and Respiration Systems *Chapters 22 – 23*

The lymphatic system is the heart of our cleansing system and must be understood (as all the systems). An understanding of the immune system and how it protects us from foreign invaders (viruses, bacteria) are very relevant to the times we are living in. The respiratory system brings in the new generation of cells and the lymphatic system removes the old.

Chapter 4: The tissue level or organization. Review only. Types of tissues and their origins help to understand how we are held together. Also how and what it will take to repair these tissues and restore homeostasis.

MODULE - Nervous System *Chapters 12-17*

Structure, function, and organization of the nervous system are presented. You will continue to gain knowledge of the brain function and the cranial nerves. After completing the nerves its application to sensory, motor, and the pathways are added, it completes a clinical study.



ENROLMENT FORM

(ENGLISH HOME STUDY PROGRAM IN NATUROPATHIC MEDICINE)

IDENTIFICATION OF STUDENT MEMBER

FULL NAME

DATE OF BIRTH

____|____|____|____|____|____|
 D M YEAR

ADDRESS N°, STREET, APPARTEMENT #,

CITY & PROVINCE

POSTAL CODE

TELEPHONE (RESIDENCE)

Area code |____| No. |____|____|____|____|____|____|

TELEPHONE (WORK)

Area code |____| No. |____|____|____|____|____|____| ext. |____|____|____|

- I wish to enrol in the home study anatomy, physiology course of the naturopathic medicine program.
 I wish to enrol in the home study pathology course of the naturopathic medicine program.

Students who have completed the basic courses of anatomy/ physiology, and pathology programs or students with documented equivalency may enrol directly in the following programs:

- NUTRITION HERBOLOGY STUDIES OF SIGNS AND SYMPTOMS

OATH / SOLEMN AFFIRMATION

I, _____, solemnly affirm that I am the enrollee and the undersigned person. I agree to take all responsibilities for upholding the standards and the regulations of the CNQM. I declare solemnly that I have been informed by the CPMDQ on my rights and the procedures to terminate my enrolment in the home study English program in naturopathic medicine and that there is no refund for the modules.

X _____ DATE : _____ 20____ .
 SIGNATURE OF ENROLEE

Declared before me _____ at _____

this _____ day of _____ 20____ .

X _____
 STUDENT MEMBER

X _____
 COMMISSIONNER OF OATH

NAME OF COMMISSIONNER OF OATH

AUTHORIZATION NUMBER

The enrolment will be accepted upon reception of this validated document. Please note that a recent picture of the enrollee as well as payment in the amount of \$343.75 payable to the CPMDQ must be enclosed for acceptance.